

## لیست تشخیص‌های پرستاری ناندا در سال ۲۰۱۴

### Domain 1 Health Promotion

#### حوزه ارتقای سلامت

- Deficient diversional activity•
- Sedentary lifestyle•
- Deficient community health•
- Risk-prone health behavior•
- Ineffective health maintenance•
- Readiness for enhanced immunization status•
- Ineffective protection•
- Ineffective self-health management•
- Readiness for enhanced self-health management•
- Ineffective family therapeutic regimen management•

### Domain 2 Nutrition

#### حوزه تغذیه

- Insufficient breast milk•
- Ineffective infant feeding pattern•
- Imbalanced nutrition: less than body requirements•
- Imbalanced nutrition: more than body requirements•
- Risk for imbalanced nutrition: more than body requirements
- Readiness for enhanced nutrition•
- Impaired swallowing•

Risk for unstable blood glucose level•

Neonatal jaundice•

Risk for neonatal jaundice•

Risk for impaired liver function•

Risk for electrolyte imbalance•

Readiness for enhanced fluid balance•

Deficient fluid volume•

Excess fluid volume•

Risk for deficient fluid volume•

Risk for imbalanced fluid volume•

### Domain 3 Elimination and Exchange

#### حوزه تبادلات و دفع

- Functional urinary incontinence•
- Overflow urinary incontinence•
- Reflex urinary incontinence•
- Stress urinary incontinence•
- Urge urinary incontinence•
- Risk for urge urinary incontinence•
- Impaired urinary elimination•
- Readiness for enhanced urinary elimination•
- Urinary retention•
- Constipation•
- Perceived constipation•

Risk for constipation•

Diarrhea•

Dysfunctional gastrointestinal motility•

Risk for dysfunctional gastrointestinal motility•

Bowel incontinence•

Impaired gas exchange•

#### **Domain 4 Activity/ Rest**

##### **حوزه فعالیت/ دفع**

Insomnia•

Sleep deprivation•

Readiness for enhanced sleep•

Disturbed sleep pattern•

Risk for disuse syndrome•

Impaired bed mobility•

Impaired physical mobility•

Impaired wheelchair mobility•

Impaired transfer ability•

Impaired walking•

Disturbed energy field•

Fatigue•

Wandering•

Activity intolerance•

Risk for activity intolerance•

Ineffective breathing pattern•

Decreased cardiac output•

Risk for ineffective gastrointestinal perfusion•

Risk for ineffective renal perfusion•

Impaired spontaneous ventilation•

Ineffective peripheral tissue perfusion•

Risk for decreased cardiac tissue perfusion•

Risk for ineffective cerebral tissue perfusion•

Risk for ineffective peripheral tissue perfusion•

Dysfunctional ventilatory weaning response•

Impaired home maintenance•

Readiness for enhanced self-care•

Bathing self-care deficit•

Dressing self-care deficit•

Feeding self-care deficit•

Toileting self-care deficit•

Self-neglect•

#### **Domain 5 Perception/ Cognition**

##### **حوزه ادراک/ شناخت**

Unilateral neglect•

Impaired environmental interpretation syndrome•

Acute confusion•

Chronic confusion•

Risk for acute confusion•

Ineffective impulse control•

Deficient knowledge•

Readiness for enhanced knowledge•

Impaired memory•

Readiness for enhanced communication•

Impaired verbal communication•

## Domain 6 Self-Perception

### حوزه ادراکی

Hopelessness•

Risk for compromised human dignity•

Risk for loneliness•

Disturbed personal identity•

Risk for disturbed personal identity•

Readiness for enhanced self-control•

Chronic low self-esteem•

Risk for chronic low self-esteem•

Risk for situational low self-esteem•

Situational low self-esteem•

Disturbed body image•

Stress overload•

Risk for disorganized infant behavior•

Autonomic dysreflexia•

Risk for autonomic dysreflexia•

Disorganized infant behavior•

Readiness for enhanced organized infant behavior•

Decreased intracranial adaptive capacity•

## Domain 7 Role Relationships

### حوزه ارتباطات

Ineffective breastfeeding•

Interrupted breastfeeding•

Readiness for enhanced breastfeeding•

Caregiver role strain•

Risk for caregiver role strain•

Impaired parenting•

Readiness for enhanced parenting•

Risk for impaired parenting•

Risk for impaired attachment•

Dysfunctional family processes•

Interrupted family processes•

Readiness for enhanced family processes•

Ineffective relationship•

Readiness for enhanced relationship•

Risk for ineffective relationship•

Parental role conflict•

Ineffective role performance•

Impaired social interaction•

## **Domain 8 Sexuality**

### **حوزه عملکرد جنسی**

Sexual dysfunction•

Ineffective sexuality pattern•

Ineffective childbearing process•

Readiness for enhanced childbearing process•

Risk for ineffective childbearing process•

Risk for disturbed maternal-fetal dyad•

## **Domain 9 Coping/ Stress Tolerance**

### **حوزه سازگاری/ تحمل استرس**

Post-trauma syndrome•

Risk for post-trauma syndrome•

Rape-trauma syndrome•

Relocation stress syndrome•

Risk for relocation stress syndrome•

Ineffective activity planning•

Risk for ineffective activity planning•

Anxiety•

Compromised family coping•

Defensive coping•

Disabled family coping•

Ineffective coping•

Ineffective community coping•

Readiness for enhanced coping•

Readiness for enhanced family coping•

Death anxiety•

Ineffective denial•

Adult failure to thrive•

Fear•

Grieving•

Complicated grieving•

Risk for complicated grieving•

Readiness for enhanced power•

Powerlessness•

Risk for powerlessness•

Impaired individual resilience•

Readiness for enhanced resilience•

Risk for compromised resilience•

Chronic sorrow•

Stress overload•

Risk for disorganized infant behavior•

Autonomic dysreflexia•

Risk for autonomic dysreflexia•

Disorganized infant behavior•

Readiness for enhanced organized infant behavior•

Decreased intracranial adaptive capacity•

Impaired dentition•

Risk for dry eye•

Risk for falls•

Risk for injury•

Impaired oral mucous membrane•

Risk for perioperative positioning injury•

Risk for peripheral neurovascular dysfunction•

Risk for shock•

Impaired skin integrity•

Risk for impaired skin integrity•

Risk for sudden infant death syndrome•

Risk for suffocation•

Delayed surgical recovery•

Risk for thermal injury•

Impaired tissue integrity•

Risk for trauma•

Risk for vascular trauma•

Risk for other-directed violence•

Risk for self-directed violence•

Self-mutilation•

Risk for self-mutilation•

Risk for suicide•

Contamination•

Risk for contamination•

## Domain 10 Life Principles

### حوزه اصول زندگی

Readiness for enhanced hope•

Readiness for enhanced spiritual well-being•

Readiness for enhanced decision-making•

Decisional conflict•

Moral distress•

Noncompliance•

Impaired religiosity•

Readiness for enhanced religiosity•

Risk for impaired religiosity•

Spiritual distress•

Risk for spiritual distress•

## Domain 11 Safety/ Protection

### حوزه امنیت/ حفاظت

Risk for infection•

Ineffective airway clearance•

Risk for aspiration•

Risk for bleeding•

Risk for poisoning•

Risk for adverse reaction to iodinated contrast media•

Risk for allergy response•

Latex allergy response•

Risk for latex allergy response•

Risk for imbalanced body temperature•

Hyperthermia•

Hypothermia•

Ineffective thermoregulation•

3. Risk for Allergy Response

4. Insufficient Breast Milk

5. Ineffective Childbearing Process

6. Risk for Ineffective Child Bearing Process

7. Risk for Dry Eye

8. Deficient Community Health

9. Ineffective Impulse Control

10. Risk for Neonatal Jaundice

11. Risk for Disturbed Personal Identity

12. Ineffective Relationship

13. Risk for Ineffective Relationship

14. Risk for Chronic Low Self-Esteem

15. Risk for Thermal Injury

16. Risk for Ineffective Peripheral Tissue Perfusion

## Domain 12 Comfort

### حوزه آسایش

Impaired comfort•

Readiness for enhanced comfort•

Nausea•

Acute pain•

Chronic pain•

Impaired comfort•

Readiness for enhanced comfort•

Social isolation•

**لیست ۱۶ تشخیص پرستاری جدید که از سال**

**۲۰۱۲ تا ۲۰۱۴ اضافه شده است**

1. Risk for Ineffective Activity Planning

2. Risk for Adverse Reaction to Iodinated Contrast Media