



The 3rd International & 8th National Congress on
Health Education & Promotion

Isfahan – Iran

23 - 25 Aug 2017

www.ihepc.ir

Status Mental health of rape victims Referring to Isfahan Province Forensic Medicine Center

Nasim Khademi¹, Fateme Nahidi² Mahdis Naafe³

Introduction: sexual assault is one of the most important factors posing a serious threat to the health and rights of women in the world. Researchers have discovered that a history of sexual assault is frequently linked with a lifetime diagnosis of multiple psychiatric disorders. Sexual assault survivors face a challenging spectrum of physical and mental health symptoms, which results in high health care utilization. Diagnosis and treatment of these conditions will help the victims. The current study examines associations between a history of sexual assault and psychological disorders in these victims in Isfahan city.

Material and Methods: This descriptive study was carried out in 1393. The sample size was 93 people who were randomly selected from rape victims in Isfahan forensic medicine center. For mental health measuring symptom check List 90- Revised (SCL90-R) scales were used. SCL-90-R measures the modalities of summarization, obsessive-compulsive, depression, interpersonal sensitivity, anxiety, aggression, phobia, paranoid and psychotics. The data were analyzed using descriptive statistics.

Data: The results showed that 64.5 % of patients had moderate and 32.3 % had mild and 1.1 % had severity psychiatric disorders. The most common psychiatric disorder was depression and angry.

Conclusion: The current study revealed that majority of victims have some kinds of psychiatric disorders especially, depression and angry. Since the psychological consequences of rape, endangering the mental health to prevent it must be spared of educational and preventive interventions and to strengthen family and social network and victims who have suffered psychological damage detection and treatment to reduce the incident of serious complications.

Key words: Sexual Assault, Psychiatric Disorders, Depression, Angry.